

# 5

## STAGE-BASED DECISION-MAKING MODELS

This selection illustrates diverse approaches, but also highlights various shortcomings of each model as they try to squeeze meaning into a chosen mnemonic

### DECIDE

**Define:** “We are making a decision with you about X”

**Explain:** “Can we start by talking about your problem/situation?”

**Consider:** “Let’s talk about available options & likely benefits/risks or harms”

**Invite:** “I’d like to hear about what matters to you/your group”

**Decide:** “Let’s find the right option for you”

**Evaluate:** “You think Y is the best option ... is that right?”

### PLUS

**Policies:** “Is it consistent with my organization’s policies, procedures & guidelines?”

**Legal:** “Is it acceptable under the applicable laws & regulations?”

**Universal:** “Does it conform to the universal principles/values we have adopted?”

**Self:** “Does it satisfy my personal definition of right, good and fair?”

### SHARE

**Seek** your colleague’s participation

**Help** your colleague explore & compare options

**Assess** your colleague’s values & preferences

**Reach** your decision together

**Evaluate** your shared decision

### IDEAL

**Identify** the problem.

**Describe** all the possible solutions

**Evaluate** each solution (pros & cons)

**Act** on the best solution

**Learn**

### ETHICS

**Evaluate** the Dilemma

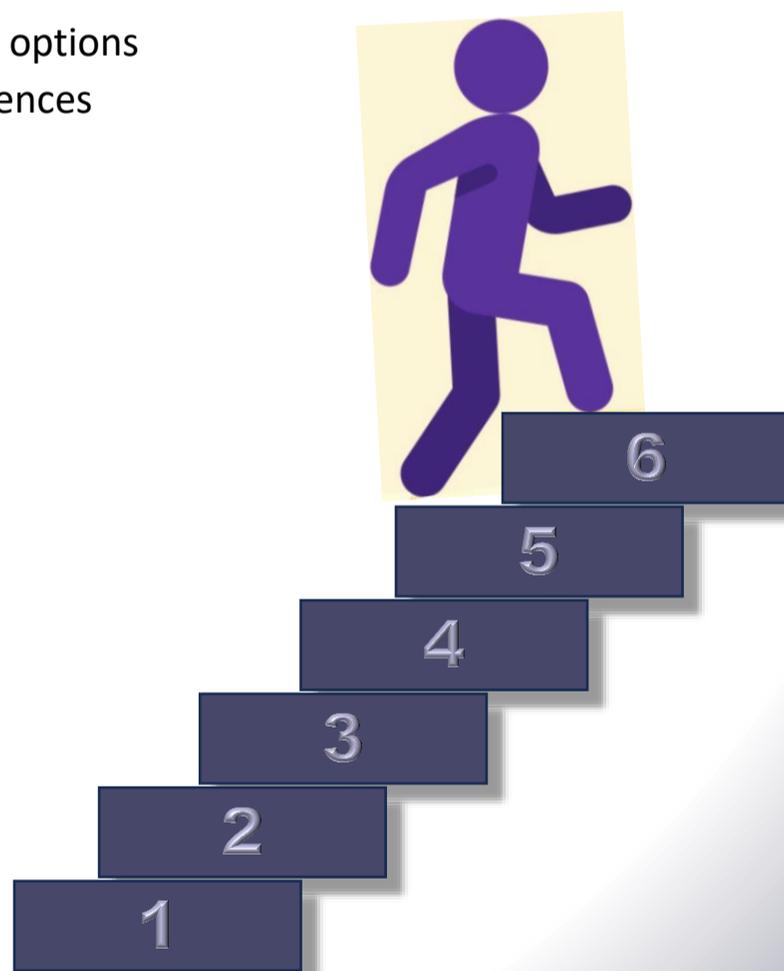
**Think** Ahead

**Help**

**Information**

**Calculate** Risk

**Select** an Action



<https://www.ahrq.gov/health-literacy/professional-training/shared-decision/index.html>  
<https://www.peelregion.ca/health/talk-to-me/download/lesson-plans/lesson4-pdf/lesson4b.pdf>  
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